



Journey to Machu Picchu: Spiritual Wisdom from the Andes

Carol Cumes, Romulo Lizarraga Valencia

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Journey to Machu Picchu: Spiritual Wisdom from the Andes Carol Cumes, Romulo Lizarraga Valencia You have probably heard about the mysteries of the Andes mountain dwellers in Peru. Now you can experience what it is like to go there when you read *Journey to Machu Picchu* (a revised and expanded edition previously titled *Pachamama's Children*) by Carol Cumes and Rómulo Lizárraga Valencia.

As you investigate the stories and experiences in these pages, complete with over 125 five photographs (almost sixty in full color), you will connect intimately with the people who have lived there for thousands of years. For this is the first book written about the traditions and spirituality of the Quechua people of Qosqo and Machu Picchu. In fact, it is the only written testament to the rich heritage of today's Quechua, who believe they emerged from the depths of Pachamama, the Mother Earth.

As you read this book you will enter the mystical and seemingly inexplicable realities of the Andean people. You will discover their rites and rituals, songs and festivals, and methods of healing using herbs such as coca leaf, ayawaska, and San Pedro cactus.

As you learn the beliefs and methods of these people, their world of dignity, self-respect, and self-love will steal into your soul. For Machu Picchu is more than just a place and a power center. It is also people, land, and thousands of years of culture.

Journey to Machu Picchu will transport you to a place of hope, respite, and healing that will, in turn, energize your commitment to yourself and to the world around you.



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A lot of people always spent their particular free time to vacation or maybe go to the outside with them household or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. In order to try to find a new activity that is look different you can read some sort of book. It is really fun to suit your needs. If you enjoy the book that you read you can spent 24 hours a day to reading a reserve. The book Journey to Machu Picchu: Spiritual Wisdom from the Andes it is quite good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. In case you did not have enough space bringing this book you can buy the e-book. You can m0ore quickly to read this book out of your smart phone. The price is not too costly but this book offers high quality.

Sally Kim:

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