



## Spirituality and Art Therapy: Living the Connection

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# Spirituality and Art Therapy: Living the Connection

## **Spirituality and Art Therapy: Living the Connection**

Reflecting the increasing recognition of the importance of the spiritual in healing. Spirituality and art therapy is an exciting exploration of the different ways in which the spiritual forms an essential, life enhancing component of a well rounded therapeutic approach. The contributors are leading art therapists who write from perspective as diverse Christian, Jewish, Buddhist, and Shamanic. They describe how they found inspiration and guidance from spiritual teachings, and how the combination of spirituality and creativity influences find expression in using art as a healing agent with specific populations, such as bereaved children, emotionally disturbed adolescents, and the homeless.

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