



# Textbook of Functional Medicine

*Sheila Quinn*

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The ideal text for understanding functional medicine. 47 authors; 37 chapters; over 1000 pages. Clinicians who have chosen to focus on the management of complex, chronic disease and primary preventive care have not chosen an easy path. This book creates a new road map for improving patient outcomes across a wide range of chronic health conditions. It includes 37 chapters authored by experts from many disciplines whose knowledge has never before been integrated in a single text. The approaches to disease management and prevention described here represent the evolution of the functional medicine model over more than 20 years, through the voices of leading clinicians and scientists.

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