



HCG Diet Recipes: 200 Delicious Food Choices to Strictly Follow Phase 2

Carla Martell

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Over 200 delicious recipes that follow Dr. Simeons' HCG weight loss protocol exactly, giving variety to your meals while using the limited food items during the 500 calorie phase. This book is an indispensable help for anyone who wants to follow Dr. Simeons' HCG protocol.

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