



Awaken, O My Soul!: 7 Steps to the Healing and Awakening of the Soul

Cristian Turcanu

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As we know, when actions are done in consonance with the natural rhythms of life, they will need much less effort to be performed, and the results will be much better. If we choose the natural path to healing and awakening of the soul, the results will be significantly better and more easily obtained than when choosing an artificial way, unsuitable to our personal structure.

This book offers you the possibility to understand what is the natural path to healing and awakening of the soul, a path that is walked in seven steps: problem solving, taking responsibility, selfless work, love, centering in the heart, pure love, and finally, the full awakening of the soul.

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