



**GMO Free Diet: How to stay healthy by identifying and avoiding dangerous foods (genetically modified foods)(Monsanto) (Non GMO, GMO, GMO Diet,GMO Foods,GMO Books,Monsanto)**

*Matthew Johnson*

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## **Nourish your body with healthy foods using this Amazon Bestseller - GMO Free Diet**

You're about to discover how to identify and avoid these dangerous and controversial foods from your diet completely. GMO's (Genetically Modified Organisms) are everywhere. Banned in many countries all over the world including Japan, Australia, and the UK, GMO foods are abundant in the United States. Over 75% of foods sold in supermarkets contain GMO's.

The action steps in this book will teach you how to eliminate GMO foods from your diet and uncover the many sources of genetically modified foods, some of which may surprise you.

Whatever your diet, meat eater or vegan, raw food or paleo, or any of the thousands of diets that exist, this book will ensure the foods you consume are healthy, full of nutrition, and do not contain genetically modified organisms.

## **Here Is A Preview Of What You'll Learn...**

- What GMO foods are and how they are engineered
- The unexpected places these genetically modified foods are found
- A step by step action plan for eliminating these potentially dangerous foods from your diet forever
- The identities of food manufactures that use GMOs in thousands of off the shelf store bought food products
- The most common genetically modified foods on the market
- The Monsanto Corporation's ambitious plan to own the world's food supply
- Why buying "Organic" is not enough
- Much, much more!

**Download your copy today!**

Pick up this book and start **really** eating healthy now.

tags:gmo, genetically modified foods, gmo diet, dangerous foods, gmo free diet, how to stay healthy, gmo books, gmo free, gmo foods, gmo diet, detox diet, detox cleanse, detox, healthy diet, monsanto

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