



Joints: Easing the Aches and Pains

The New York Times

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The New York Times

Joints: Easing the Aches and Pains The New York Times

This e-single, a compilation of New York Times articles, focuses on keeping our joints healthy, especially as we get older. It features the latest thinking on prevention, treatment and surgery, written by top journalists at The Times, including Eric Nagourney on why our knees ache as we age; Gretchen Reynolds on the rise in A.C.L. injuries; Jane E. Brody on managing and treating arthritic joints; Anahad O'Connor on relieving joint pain with turmeric and acupuncture; Gina Kolata on the overuse of M.R.I.'s; and Tara Parker-Pope on hip and knee replacement surgery.



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