

## Love to Lead. Lead to Love.: The Overworked Leader's Guide to Career Growth & Personal Happiness

Janeen Latini



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#### The secret handshake revealed!

*Love to Lead. Lead to Love.* speaks to the hearts and minds of busy professionals who are so caught in the business of the business and the business of life that they have forgotten to enjoy it and frankly aren't even showing up for it anymore. This is the perfect read for mid-level managers who are feeling overworked and under-appreciated, stuck where they are.

Packaged in two parts, the first half of the book reviews common challenges faced by leaders and introduces practices that can help. The second half focuses on the deeper personal journey leaders take -- doing the inside work so they are prepared to do the outside work.

Vignettes, straight-talk, and do-able practices are woven together to share the message of this book – if you love to lead, lead with love.

*Love to Lead. Lead to Love.* provides insights on what it takes to love life as a middle manager and the encouragement to choose what's next for YOU.

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