



The Depressed Child and Adolescent (Cambridge Child and Adolescent Psychiatry)

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In this new, thoroughly revised and updated edition, an international, interdisciplinary team of mental health experts draw together the latest findings in the psychopathology of depression in young people. Combining theory and practice, the psychological, neurochemical, and genetic causes are discussed and an account of the clinical characteristics and frequency of the condition is given. The key questions are fully addressed: the importance of life events and difficulties in the onset and continuation of depression; the efficacy of current psychological therapies and the role of medication; how depressed young people progress into adult life, and how depression arises and the effects it may exert on brain and behavior during this crucial developmental period. This book will appeal to child psychiatrists and psychologists, developmental psychologists, neuroscientists, and mental health professionals in clinical services.

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