



Dialectical Behavior Therapy Skills Training for Integrated Dual Disorder Treatment Settings

Lane Pederson

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The National Institute on Drug Abuse (NIDA) reports that six of ten individuals with a substance use disorder meet criteria for another mental illness diagnosis. These co-occurring disorders present significant challenges for both chemical dependency and mental health practitioners across levels of treatment intensity.

To answer these challenges, Dialectical Behavior Therapy (DBT) has emerged as a highly teachable and applicable approach for people with complex co-morbidities. This workbook outlines the acceptance-based philosophies of DBT with straight-forward guidelines for implementing them in Integrated Dual Disorder Treatment (IDDT) settings along with comprehensive explanations of DBT skills tailored for those with dual disorders. Includes reproducible handouts.

REVIEWS

Pederson provides a practical model for simultaneous treatment of psychiatric and substance abuse disorders. Clinicians working with dually diagnosed clients will appreciate the thoughtful integration of the most effective contemporary treatment models used in both psychiatric and substance treatment.

~Bari Platter, MS, RN, CNF, author of *Integrating Dialectical Behavior Therapy with the Twelve Steps*

Clinicians are often asking how to treat both mental health and substance use problems together. This book is the answer. It provides well proven strategies to deal with substance use problems head on by utilizing one of the best evidence based strategies for this - DBT.

~Cathy Moonshine, Ph.D., MSCP, MAC, CADC III, author of *Acquiring Competency and Achieving Proficiency with Dialectical Behavior Therapy (Volumes I & II)*

Pederson's new manual blends DBT with traditional chemical dependency treatment in a respectful and cogent manner - making it easy to apply this treatment in real world settings. It truly is a resource that practitioners will use daily in their treatment of patients with co-occurring mental illness and substance use disorders.

~Wade Kuehl, MSW, LISW, Clinical Director - Siouxland Mental Health Center

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From reader reviews:

Jessica Nakagawa:

Precisely why? Because this Dialectical Behavior Therapy Skills Training for Integrated Dual Disorder Treatment Settings is an unordinary book that the inside of the e-book waiting for you to snap that but latter it will zap you with the secret it inside. Reading this book close to it was fantastic author who have write the book in such incredible way makes the content on the inside easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of advantages than the other book include such as help improving your talent and your critical thinking way. So , still want to postpone having that book? If I have been you I will go to the guide store hurriedly.

James Kline:

Your reading 6th sense will not betray you actually, why because this Dialectical Behavior Therapy Skills Training for Integrated Dual Disorder Treatment Settings book written by well-known writer who really knows well how to make book which might be understand by anyone who read the book. Written within good manner for you, still dripping wet every ideas and composing skill only for eliminate your own personal hunger then you still skepticism Dialectical Behavior Therapy Skills Training for Integrated Dual Disorder Treatment Settings as good book not just by the cover but also through the content. This is one reserve that can break don't determine book by its handle, so do you still needing an additional sixth sense to pick that!? Oh come on your studying sixth sense already alerted you so why you have to listening to one more sixth sense.

Richard Vaccaro:

This Dialectical Behavior Therapy Skills Training for Integrated Dual Disorder Treatment Settings is great guide for you because the content which is full of information for you who all always deal with world and also have to make decision every minute. That book reveal it data accurately using great arrange word or we can claim no rambling sentences included. So if you are read it hurriedly you can have whole details in it. Doesn't mean it only gives you straight forward sentences but tricky core information with attractive delivering sentences. Having Dialectical Behavior Therapy Skills Training for Integrated Dual Disorder Treatment Settings in your hand like getting the world in your arm, info in it is not ridiculous a single. We can say that no book that offer you world in ten or fifteen small right but this e-book already do that. So , this is good reading book. Hi Mr. and Mrs. active do you still doubt that?

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