



The Therapist's Notebook Volume 3: More Homework, Handouts, and Activities for Use in Psychotherapy: v. 3 (Practical Practice in Mental Health)

Catherine Ford Sori, Lorna L. Hecker

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The Therapist's Notebook Volume 3 includes clinician field-tested activities for therapists who work with individuals, children and adolescents, couples, families, and groups. The reproducible handouts are designed to be practical and useful for the clinician, and cover the most salient topics that counselors are likely to encounter in their practices, with various theoretical approaches. Each chapter includes a "Reading and Resources for the Professional" section that guides readers toward useful books, videos, or websites that will further enhance their understanding of the chapter contents. This book is an excellent tool for both experienced and novice counselors for increasing therapeutic effectiveness.

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