



Tools for Happiness: Doc Get Happy's Guide to a Joyful Life

Natalie L. Winters

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Everyone wants to be happy but not everyone knows how. You can find the happiness you seek. Tools for Happiness is a book designed to help you release fears and worries that weigh you down and provides an effective pathway to a richer and more joyful life. The ten tools this book presents makes the pursuit of happiness possible through simple, direct and unique exercises. Test the power of the Tools for Happiness and see the results.

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