



# **Kitchen and Bath Sustainable Design: Conservation, Materials, Practices (NKBA Professional Resource Library)**

*Amanda Davis, Robin Fisher, NKBA (National Kitchen and Bath Association)*

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## **Kitchen and Bath Sustainable Design: Conservation, Materials, Practices (NKBA Professional Resource Library)** Amanda Davis, Robin Fisher, NKBA (National Kitchen and Bath Association)

The leading industry association's handbook for going green in the kitchen and bath

"Kitchen & Bath Sustainable Design" is the National Kitchen and Bath Association's complete guide to "greening" these important rooms. The first book to focus exclusively on kitchen and bath sustainability, this full color guide covers every consideration for both remodels and new construction, making it a handy reference for any kitchen and bath professional. Case studies of award-winning projects demonstrate how space, budget, and sustainability can come together to create beautiful, functional, efficient rooms, and illustrations throughout provide visual examples of the techniques discussed. The book includes information on greening one's practice for the client's benefit, plus an appendix of additional resources and instructional materials for classroom use.

Outside of general heating and cooling, kitchen appliances use the bulk of a household's energy. Kitchens and baths together use an average of 300 gallons of water per day for a family of four, and both rooms are high-use areas that require good air quality. "Kitchen & Bath Sustainable Design" provides a handbook to designing these rooms for sustainability, without sacrificing comfort or livability. With comprehensive guidance on approaching these rooms sustainably, readers will: Communicate better with builders, clients, and potential clients Understand technical considerations, and the criteria that make a design "green" Conduct a full design analysis, including life cycle costing and efficiency Learn the ratings systems and standards in play in the green kitchen and bath

The biggest elements of sustainable interior design--energy efficiency, water use, and materials selection--are all major players in the kitchen and bath. Clients are increasingly demanding attention to sustainability issues, and designers must be up to date on the latest guidelines, best practices, and technology. "Kitchen & Bath Sustainable Design" is the complete technical and practical guide to green design for the kitchen and bath professional.

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