



**POSITIVE THINKING: Self Help - Embrace The
Power of Positive Thinking (Positive Thinking,
Positive Psychology, Optimism, Positive Thoughts,
Stop Negative ... Fear, Zen Buddhism, Self Help
Book 1)**

Daniel Robbins

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Are You Feeling Down Because Of Those Bullsh*t Negative Thoughts?

This book was designed to be a quick "pick-me-up" filled with simple strategies for transforming your mind and your life. It is a quick, easy read that will boost your spirits so that you can feel good again.

Research has shown that negative self-talk is one of the primary culprits to people moving forward in life with their relationships, career, and most importantly your overall happiness. Negative thoughts can be a contributing factor to depression and anxiety, illness, and even cancer leading to a premature death.

Inside You'll Receive:

- **Strategies to get rid of negative thoughts in a matter of minutes**
- Strategies you can implement today to have a new positive perspective
- **How to turn negative thoughts into positive ones**
- And Much More!

Imagine How Refreshing It Will Feel To FINALLY Smash All Your BS Negative Thoughts...

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Dixie Jones:

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