



Youthoria: Adolescent substance misuse - problems, prevention and treatment

Phil Harris

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Work with young people on issues of substance misuse has for too long been based on adult-oriented research and adapted from adult-focused practice. Introducing and assessing the evidence base that is being developed around work with children and young people, Youthoria provides startling and compelling conclusions that revise not only our understanding of problematic young substance users, but also of young people in all contexts of need. The book explains how young people's problematic substance use is not a random occurrence, but is entwined in adolescent development itself. It offers new directions in which to assess young people, in ways that are truly developmentally informed, so as to implement effective prevention and treatment efforts. Youthoria will help anyone working with young people and families, not only to develop a framework for learning and practice that makes sense of the complexity of young people's needs, but to do so in ways which make sense to young people. As a stimulating challenge to academics and practitioners alike, the book will help them: increase their knowledge and range of skills to support young people and their families, across the full spectrum of their needs * map the complexity of young people's substance use to ensure that those who need it receive optimal support * improve outcomes, especially while working with the most vulnerable, marginalized, and excluded among young people. *** "Harris, an independent scholar with years of experience in the field of drug abuse treatment, provides a comprehensive review and analysis of adolescent substance use, associated problems, factors increasing and decreasing the risk of use, and treatment interventions. His perspective on adolescent substance-related issues is refreshing, examining them from within a broader context that includes historical, cultural, social and developmental influences on patterns of use and resulting problems. Highly recommended." - Choice, Vol. 51, No. 03, November 2013

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