



# **Relationship Co-Coaching: A New Approach to Deeper Love, Less Conflict! Challenging Society's Beliefs About Romance and Marriage**

*Timothy J. McCarthy PhD*

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Want to restore the spark in your marriage? Do you have poor communication, too much conflict, or want a more deeply connected love relationship? If so, read this book! After 28 years doing marriage therapy and seeing how slow and difficult it was for couples to make real change, Dr. Tim McCarthy decided in 2010 to develop a new approach: Relationship Co-Coaching. Since then, he's seen couples make more rapid, dramatic change in ways never seen before in his practice. Marriages stuck in entrenched negative patterns have been revitalized; others on the brink of divorce have been saved. In this book which challenges society's beliefs about romantic love and marriage, you'll be given new tools and skills for creating breakthroughs in your relationship for deeper love-less conflict!

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