



Trail Food: Drying and Cooking Food for Backpacking and Paddling

Alan Kesselheim

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" . . . a book that will appeal to everyone who has ever choked down the pre-packaged, bargain-basement camp food (or gone bankrupt buying the good stuff)." --*Canoe & Kayak*

. . . if you're on the lookout for a way to bring real meals to the field, [this book] might have the answer."
--*Field & Stream*

Life in the outdoors revolves around food--cooking it, eating it, packing it, carrying it. We even fantasize about it, especially after a week of eating store-bought provisions. This book is all about fulfilling those food fantasies and avoiding those expensive disappointments. *Trail Food* tells you how to remove water from food, to make it lighter and longer-lasting, without removing its taste. Learn to plan menus and prepare meals just like the ones you left behind, using fresh foods from your garden or market, prepared and seasoned the way *you* like them.

Why fantasize when you can have the real thing?

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Trail Food: Drying and Cooking Food for Backpacking and Paddling can be one of your starter books that are good idea. Many of us recommend that straight away because this reserve has good vocabulary that may increase your knowledge in language, easy to understand, bit entertaining but nonetheless delivering the information. The article writer giving his/her effort to put every word into joy arrangement in writing Trail Food: Drying and Cooking Food for Backpacking and Paddling although doesn't forget the main level, giving the reader the hottest as well as based confirm resource facts that maybe you can be considered one of it. This great information may drawn you into fresh stage of crucial contemplating.

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