



# Relax Your Way to Thin! Hypnosis Weight Loss Motivation

*Beverly Hills Hypnosis, Trevor H Scott*

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## **Relax Your Way to Thin! Hypnosis Weight Loss Motivation** Beverly Hills Hypnosis, Trevor H Scott **Hypnosis Weight Loss. Fast - Easy - Effective!**

Imagine craving salad instead of chocolate or an apple instead of ice cream simply by listening to this Hypnosis Weight Loss CD as you drift to sleep each night!

### **Weight loss can be that easy!**

Your impulse to eat unhealthy food originates in your subconscious. This weight loss hypnosis CD stops these unwanted cravings at their source. When your subconscious mind supports your weight loss goals, you will naturally make healthier choices.

Permanent Weight Loss has never been easier!

### **Why is "Relax Your Way to Thin!" so effective?**

By creating direct access to the most powerful part of the mind, the subconscious, you can teach your subconscious mind to automatically act in the ways that best suit your goals, rather than relying on poor habits that you've built up over the years.

When you align what you consciously desire with your subconscious motivations...your possibilities are endless!

### **Can everyone be hypnotized?**

Yes. Have you ever been driving a familiar route home and suddenly arrived at your destination without remembering the last few minutes of the drive? This is one example of our subconscious mind taking over the routine details of life. Our subconscious mind handles most of our day to day activities. That is the subconscious mind's job - to handle the details of life, while our conscious mind handles the more important needs.

Most clients are amazed at how quickly they accomplish their desired results. Unlike traditional therapies, Hypnotherapy is able to help you reach your goals without going through years of self-exploration.

### **When You Are Ready!**

Reach your goals faster than ever! You can and will make permanent, positive changes in your personal and professional life. Beverly Hills Hypnosis offers an effective, relaxing, drug-free choice for change.

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