



Superfood Juices: 100 Delicious, Energizing & Nutrient-Dense Recipes

Julie Morris

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Juice it up, and start glowing—inside and out! Julie Morris, author of the bestselling *Superfood Smoothies*, serves up a fresh, ultra-healthy take on juicing with 100 flavorful recipes. Incorporating antioxidant- and vitamin-rich powerhouses such as açai, chia, ginger, and kale, these drinks cleanse, energize, and rejuvenate with every sip. Learn countless secrets that will take your juicing to the next level, with more healthy benefits and delicious rewards!

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