



# Mineral springs and health resorts of California c.

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### **Mineral springs and health resorts of California c. 2** Winslow Anderson

This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1892 Excerpt: ...sun-rays fall--Where Beauty makes her dwelling-place, and Heaven is over all.--Carrie Stevens Walter. HARBIN HOT SULPHUROUS AND MINERAL SPRINGS At an elevation of about 1,700 feet above tide-water, and at the base of a spur of the Coast Range of mountains, in Lake County, about twenty miles from Calistoga, are located these excellent springs and resort. It would be difficult to find a more delightful or picturesque spot so rich in scenery, mountains perpetually clad in evergreen garments and hills with verdure bright forming the background of the landscape. Then we have brooks and rills, now smoothly gliding over moss-covered banks and now trickling down silvered paths with pebbles bright, forming miniature cascades in their ever restless pace to join the broad Pacific. The climate, too, is one of the most salubrious in the State, having a mean thermometric degree of about 60 F. Although the climate and surroundings are exceedingly favorable to the healthfulness and pleasure of visitors and invalids, the great virtue of Harbin lies in the intrinsic therapeutic value of the mineral springs. The waters are sulphurous and saline, the principal spring flowing 1,500 gallons per hour. There is also a smaller chalybeate spring fount, yielding only sixty gallons per hour. The Sulphur Spring has a temperature of 122 F. For this hot water excellent bathing facilities have been constructed, and much benefit accrues in the treatment of chronic rheumatism, gout, joint diseases and cutaneous affections by prolonged or frequent bathing in this water. For internal administration the sulphur water, as well as the ferruginous waters, are used. In torpidity of the chylo-poietic and intestinal tissues, dyspepsia, kidney troubles, etc., and especially in glandular and skin dise...

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