



# A Practical Guide For Food Storage

*Charisse Merrill*

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## **A Practical Guide For Food Storage** Charisse Merrill

Having food storage your family will eat shouldn't be a daunting task. This book shows you how simple it really can be. I will walk you step by step through the method that has helped me to build food storage for my family on a budget. A years' worth of recipes are included for a family of four which can easily be halved, doubled, or tripled as needed. Food storage can be overwhelming, but having it gives you peace of mind... especially when know your family will enjoy it!

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