



# My Very Own Cookbook: Blank Cookbook for Kids

*Jillian Sinclair*

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# My Very Own Cookbook: Blank Cookbook for Kids

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## **My Very Own Cookbook: Blank Cookbook for Kids** Jillian Sinclair

My Very Own Cookbook is a blank recipe book where kids record their own recipes and make their own cookbook. It's a cookbook journal that's created just for children. Blank cookbooks are a great way to help your kids learn the joys of cooking. It will empower kids to have fun cooking and recording their successes. Imagine having fun with your kids while cooking and baking. As a grandmother you will be able to share old favorite recipes as you help your grandchild record them. Your children will be able to share their recorded recipes and fond memories when they grow up and cook with their children. I wrote "My Very Own Cookbook: Blank Cookbook for Kids", for one simple reason. I just want to help Moms, Dads, Grandparents, and others who love kids, interact with them in a positive, creative and enriching way. We all know that "face time" with our children is what really empowers them to become the loving and healthy adults we want them to be. If you like to cook and want to help your children learn the joy of cooking, then just follow this simple recipe. Step 1 - Buy "My Very Own Cookbook". Step 2 - Give it to your children and be sure they put their name and photo in the first page of their book. Step 3 - Make some kitchen time available to cook your first recipe together and let them do the cooking and record the steps, with your assistance, of course. Step 4- Encourage your child to be creative and they will be asking you when they can cook with you again. Don't give up if your child seems impatient at times. They need to know you will be there to help them when they need it. It's possible your child may become a famous chef, a great homemaker or develop a lifelong hobby of loving to cook and sharing their talent with others. "My Very Own Cookbook." maybe the start of something great.

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