



# **Prepper First Aid Secrets: Build Your SHTF First Aid Kit And Learn Emergency Medical Skills To Survive When Society Collapses And There Is No One To Help**

*Colby S. Clark*

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# Prepper First Aid Secrets: Build Your SHTF First Aid Kit And Learn Emergency Medical Skills To Survive When Society Collapses And There Is No One To Help

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## **Prepper First Aid Secrets: Build Your SHTF First Aid Kit And Learn Emergency Medical Skills To Survive When Society Collapses And There Is No One To Help** Colby S. Clark

Do you have your prepper first aid ready to go when SHTF and hospitals collapse?

Do you have the survival emergency medical skills to treat serious burns, bleeding, and even drowning?

This short, no fluff guide will reveal how to build your own survival first aid kit and treat common medical emergencies in any situation - even with improvised items and tools.

Discover...

- \* How to survive even if you get injured in the wilderness.
- \* Why it's not a good idea to cut a large bandage - and what to do instead.
- \* How to improvise splints, bandages, slings, and other first aid tools in the wild.
- \* The dressing sold in farm supply stores that is better than ace wrap for compressing wounds.
- \* How to carry an injured person out of the woods with a makeshift stretcher made with materials available around you.
- \* The best type of first aid ointment to have in your emergency kit.
- \* How to make it out of the wilderness alive without a GPS or cell phone.
- \* The cream that will keep your skin intact and infection free.
- \* How to keep water cool in the wild without ice or refrigeration.
- \* The best solution for washing out an eye if something gets in it.
- \* Why you should never clean a wound with this water (can cause serious infections).
- \* The common first aid item that always comes in handy for nearly every scrape, cut, and puncture.
- \* Why you should never use the common rescue maneuver when someone has drowned.
- \* The unusual item that can cover a large wound with a lot of bleeding.
- \* How to stop bleeding in seconds when there is no medical help around.

\* The non stick dressing that is excellent for oozing or open wounds and burns.

\* What to do when someone suffers a serious burn in the wild.

\* Two common first aid kit items that are a waste of your money.

\* How to treat strains and muscle sprains in the wild.

...and many more prepper first aid item that may save your life when SHTF.

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