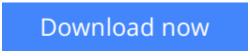


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Gluten-Free Slow Cooker Recipes For The 1.5 - 2 Quart Slow Cookers.

Top 33 Gluten-Free Slow Cooking Recipes For Two or Just for You.

This book showcases 33 recipes that star poultry, beef, pork, lamb, vegetables, and fruits as their main dishes, along with some stocks and spice mixes that can be made at home; all of them gluten-free.

In addition if you are looking for smaller-portioned gluten-free meals or have a small family, Gluten-free Slow Cooking for Two or Just for You is the perfect resource for you. Featuring recipes geared specifically for use with a 1.5- to 2-quart slow cooker and you'll find here a great meal ideas that you can make with minimal effort and maximum taste! Just prepare the night before and come home to a hot! You're now able to plug in the crockpot and toss a few ingredients that will cook into an awesome dinner for you and your loved ones. The little slow cooker is very easy to use so it makes cooking everyday a snap, and you are able to have a healthy variety of foods at a fraction of the cost of eating out.

In addition to being gluten-free, all of these recipes can be made in the crockpot at your convenience.

In this book, you will find the following:

Chapter One - Gluten Free Slow Cooker Poultry Recipes

- Roast Chicken
- Rotisserie Chicken
- Chicken Taco Salad in the Crockpot
- Herbed Chicken
- Seasoned Salt Recipe
- Sesame Honey Spicy Chicken in the Crockpot
- Turkey Stuffed Peppers
- Chapter Two Slow Cooker Gluten Free Beef Recipes
- Beef Stew
- Homemade Taco Seasoning Mix
- Pulled Beef, Mexican Style with Kale
- Picadillo with Heart, Liver, and Kidney
- Classic Pot Roast
- Cabbage Rolls
- Chapter Three Pork Gluten Free Slow Cooker Recipes
- Classic Pulled Pork
- Mexican Pulled Pork
- Spare Ribs
- Chapter Four Gluten Free Slow Cooker Lamb Recipes
- Rack of Lamb
- Lamb Curry
- Lamb Stew

• Leg of Lamb

Chapter Five - Slow Cooker Gluten Free Stocks

- Chicken Stock
- Homemade Beef Stock
- Chapter Six Gluten Free Slow Cooker Vegetable Recipes
- Refried Beans
- Tomato Sauce
- Caramelized Onions
- Fall or Acorn Squash
- Pepper and Onions
- Braised Cabbage

Chapter Seven - Slow Cooker Gluten Free Fruit Recipes

- Applesauce
- Crabapple and Pepper Jelly
- Apple Butter

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Rita Carter:

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