



# How To Shine A Light On Your Path: The Empath's Guide To Happy Living

*Kai Blackman*

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## **How To Shine A Light On Your Path: The Empath's Guide To Happy Living** Kai Blackman

The empaths of the world are also known as sensitives. They can see past the facade of people. They are highly intuitive and can feel the emotional depths of a person whether its good or bad. They can take on the energy of other people and because of this they are wide open and vulnerable. This vulnerability makes them the prime target of emotional vampires and master manipulators. Its the job of the empath to learn how to protect themselves from emotional abuse.

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