



# Nobu's Vegetarian Cookbook

*Nobuyuki Matsuhisa*

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## **Nobu's Vegetarian Cookbook** Nobuyuki Matsuhisa

Nobu's restaurants are known the world over for the quality of their ingredients and for the skill and originality with which the food is prepared and presented. Now, in this first cookbook by Nobu to focus on vegetable dishes, the master chef shares his expertise and deep knowledge of Japanese cuisine in more than sixty recipes that showcase vegetables in all their variety.

Throughout the book, the emphasis is on fine and healthy Japanese dining. Nobu uses a wide range of cooking techniques -- from marinating and pickling to steaming, roasting, boiling, frying, grating, etc. - to bring out the full flavors and textures of the vegetables. He also introduces tofu and yuba, both traditional Japanese ingredients made from soy beans; and offers recipes for vegetable sweets and cocktails blending fruits and vegetables.

The text and recipes are accompanied by gorgeous photos taken by Masashi Kuma, the James Beard Award-nominated photographer of Kaiseki and Nobu Miami.

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