



Transiciones Hacia Un Mundo Centrado En El CorazÃ³n: A Traves De Kundalini Yoga Y Las Meditaciones De Yogui Bhajan (Spanish Edition)

Guru Rattana

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Abra su coraz3n al amor incondicional. "Transiciones hacia un mundo centrado en el Coraz3n" por Guru Rattana Ph.D. (Gururattan Kaur Khalsa) contiene la colecci3n m3s completa de series y meditaciones de Kundalini Yoga traídas a occidente por Yogui Bhajan. Ofrece t3cnicas potentes y eficaces para abrir su coraz3n al amor incondicional. Yogui Bhajan introdujo un concepto revolucionario a la pr3ctica espiritual occidental. En vez de evitar los chakras inferiores, enseñ3 que para abrir el chakra del coraz3n y permanecer en este estado, de hecho necesitamos cultivar una s3lida base en estos chakras inferiores.

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Richard Williams:

People live in this new morning of lifestyle always aim to and must have the time or they will get lot of stress from both daily life and work. So , if we ask do people have time, we will say absolutely indeed. People is human not really a robot. Then we ask again, what kind of activity are there when the spare time coming to anyone of course your answer will probably unlimited right. Then do you try this one, reading ebooks. It can be your alternative inside spending your spare time, typically the book you have read is actually Transiciones Hacia Un Mundo Centrado En El Coraz n: A Traves De Kundalini Yoga Y Las Meditaciones De Yogui Bhajan (Spanish Edition).

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